Netanya **AACI**

The English Speakers Community Center

Nov-Dec 2026
Tishrei-Cheshvan-Kislev-Tevet 5787



November

08:30-12:00 Sunday
1 November **Book Sale**

09:30 Sunday 8 November
Living in Israel Series: Senior Discounts & Benefits
Presented by our Counselor
Yanina Musnikow

19:30 Sunday 8 November
Italia Mia!
Multimedia Music Lecture
by **Harvey Bordowitz**

19:30 Monday 9 November
Scenes of the Israeli Corridors of Power
Presented by **Gil Hoffman**

08:30-13:30 Monday
23 November
Bargain Bazaar

19:30 Tuesday 24 November
The Secret Life of Words
Presented by
Dr. Avraham Roos

19:30 Thursday 26 November
Thanksgiving Event

11:00 Sunday 29 November
Yad Sarah – Israel's Largest and Most Important Charity
Presented by **Zvi Swerdlow**

19:30 Sunday 29 November
Folk Club—The Poleg Mountain Boys

Dec 5-12 חנוכה שמח

December

TIYUL 1 December: **From Sea Turtles to Secret Ships**

19:30 Thursday 3 December
Walking on Eggshells: Loving Our Adult Children Without Losing Ourselves
Presented by
Ganit Chodorov

09:30 Sunday 13 December
Living in Israel Series: The Israeli Health System
Presented by our Counselor
Yanina Musnikow

19:30 Sunday 13 December
Recharge Your Batteries: Better Sleep For Better Health Moving Beyond The Headlines To Practical Strategies That Work
Presented by **Batya Katzir**

19:30 Thursday 17 December
From Baroque to Bloch
A Violin Journey with
Motti Shmitt

19:30 Monday 21 December
Murder, Mystery & the Making of Israel: Inside the Adam Lapid Mysteries
Presented by
Jonathan Dunsky

19:30 Sunday 27 December
Concert Hall Superstars! The Violin and The Piano
Multimedia Music Lecture
by **Harvey Bordowitz**

19:30 Tuesday 29 December
Women—Let's Dance!

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November & December 2026
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Our Mission
We are a center for the English-Speaking community that promotes realisation of our Zionist dreams.

Office
Phone: 09-8330950
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Website: www.netanyaaaci.org.il
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Box Office Bookings
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Sunday-Thursday 09:00-12:30
Website prepay ticketing closes noon for evening event, or 08:00 for daytime event.
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Library
Phone: 09-8330950
Sunday-Thursday 09:00-12:00
Email: library@netanyaaaci.org.il

Events, Programmes & Tiyulim
All prices include NIS 30 fee for cancellations prior to two working days before the event. No refund within two days of the event/Tiyul. For lectures and other programmes, cancellations up to noon on the day for evening events and 08:00 on the day of morning and afternoon events with a NIS 20 cancellation fee, no refund after that time. For additional Pick-up Points, please ask at the Box Office.

Service Animal Policy
Service animals only. No emotional support animals.

Tax Deductible Donations
Making a tax-deductible donation to Netanya AACI in shekels or US dollars by cash, cheque or credit card is easy: access the donation page on our website: www.netanyaaaci.org.il/support-us/

Keep Up To Date
Please check our website and watch our emails and WhatsApp for updates.

Chairman's Notes



Dear Friends,

Our Campaign is still running – it does not complete until the end of the year. If you have already given, many thanks, your donation is much appreciated. If you have not yet made a donation, please do so, as our organization is dependent on the success of the campaign for the year.

There is plenty to choose from in this bumper edition of the magazine. The first event is on **November 1st**, when we have one of our **Book Sales** in the morning. As we receive new books for our Library, we remove some of the older titles. This sale is very good value, three books for NIS 20.

Our Counselor, **Yanina Musnikow**, will be giving the next talk in her **Living in Israel series** on **November 8th**. This is on **Senior Discounts and Benefits**. A very important subject for all of us. Join us if you want to find out more information on these benefits. This is a morning lecture.

Our resident musical raconteur, **Harvey Bordowitz**, will return on **November 8th**, this time with his title **Italia Mia!** Composers will range from Monteverdi to Verdi, Rossini to Puccini, and some more modern Italian music. A must for all connoisseurs.

On **November 9th**, our good friend **Gil Hoffman** will be returning to talk to us, and he will provide analysis from the recent elections, and the efforts to form a new government. He will also talk about his new book, The Blood Libel Machine, and attendees will be able to purchase signed copies of the book.

Moving forward two weeks, on **November 23rd**, we will have our next **Bazaar**. This is always a fun day, with many different types of items on sale, so please come and empty your pockets with purchases.

Dr. Avraham Roos will be talking to us about **The Secret Lives of Words** on **November 24th.** This seems to me to be a most intriguing lecture, and I am looking forward to it.

Our Events Committee will be organising a **Thanksgiving Event** on **November 26th**. No doubt this will be an interesting lecture with considerable tasty food and will be enjoyed by all people attending.

On **November 29th**, **Zvi Swerdlove**, who has worked as a volunteer at **Yad Sarah** for many years, will be talking about the many facilities and equipment that Yad Sarah provides for the community. It is a truly wonderful organisation. This is a morning lecture.

On the evening of **November 29th**, Harley Zipori and his team of folk musicians, **the Poleg Mountain Boys**, will be coming to sing for us after a long absence, of **Folk Club**. This was always a favourite for our members, so please come and support Harley and his team.

On **December 3rd**, we will have a more serious and emotional subject for a lecture. **Ganit Chodorov** will talk to us about **Walking on Eggshells: Loving our Adult Children Without Losing Ourselves**. Pitfalls and challenges will be detailed and suggested solutions provided to retain good relationships.

Yanina will return on **December 13th** to discuss **The Israeli Health System**. While this sometimes seems to be very convoluted, it is an important and essential facet of everyday life for all of us. This is a morning lecture.

On the evening of **December 13th**, **Batya Katzir** will talk about **Recharge Your Batteries: Better Sleep for Better Health**. Batya will provide practical strategies that work in order to improve sleep.

Acclaimed musician **Moti Shmitt** will be giving us an unforgettable experience on **December 17th**, entitled **From Baroque to Bloch – A Violin Journey**. There will be music from Handel, Beethoven and Bloch, and other composers, including one of his own compositions.

On **December 21st**, mystery writer **Jonathan Dunsky** will be giving us a talk entitled **Murder, Mystery and the Making of Israel: the Adam Lapid Mysteries**. The author has written a series of these novels, and readers say that they are fast paced and very interesting, especially as they are set in the early days of the State of Israel. Books will be available for sale after the lecture.

Harvey Bordowitz will be returning on **December 27th** with his next multimedia musical lecture titled **Concert-Hall Superstars! – The Violin and The Piano.**

Finally, on **December 29th Yonina Plushtuk** will be presenting an event for ladies – **Women – Let's Dance!** There will be music from the 1950s and the following decades, and Yonina will teach line dances and others to get everyone swinging. This will definitely be a very energetic evening.

Chanukah is at the beginning of December and so I wish you all Chag Sameach. Beware of too many oily foods – latkes, donuts – but enjoy.

Kind regards,

Hilton Share
chairman@netanyaaaci.org.il

Planned Giving

Have you enjoyed the programming and/or services that Netanya AACI provides to the Anglo community? There is a way that you can help us to continue these important programmes and services in the future, and that is through Planned Giving.

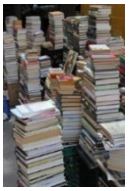
The way this works is simple - designate Netanya AACI in your estate-planning documents as a beneficiary of a specific amount of funds from your estate after you have passed away. This does not have to be for your entire estate but can be for some designated portion. Whatever amount you would consider would make a huge difference to our long-term efforts. Your planned giving will not only keep our organisation vibrant today, but it will also help us create benefits for future generations of Anglos making Netanya their home in Israel.

For more information on how this can be done, we encourage you to consult with your personal accountant or estate-planning attorney. If we can also help you in achieving your planned giving goals for Netanya AACI, please contact Hilton Share by email: **chairman@netanyaaaci.org.il** or **054-6007317**.

November & December Highlights

Book Sale

08:30 to 12:00 Sunday 1 November



Who doesn't like a bargain? Well, you're in luck because we're combining two of your favourite things – reading and sales - into one great thing – **fabulous books at great prices**. So now you can enjoy your mysteries, romances, and memoirs for a fraction of what you would pay in the store. Buy **three books for only NIS 20!**

Periodically, we refresh the selection on the shelves of the Gura Family Memorial Library, by culling duplicate and other books. The upcoming book sale will once again provide browsers with **interesting offerings** at **bargain prices**. Even better news for you is that proceeds from our book sales are used to acquire the latest bestsellers for the library.

So, mark your calendars and plan to browse to your heart's content!

Living in Israel Series
Senior Discounts & Benefits

Presented by our Counselor **Yanina Musnikow**
09:30 Sunday 8 November
Program in person and on Zoom



Yanina will talk about senior discounts that are available through the municipality, national transportation and health benefits, and general senior discounts. There will also be an overview regarding government pensions.

There will be a question-and-answer period after the presentation. Please join us.

Other topics in the Series:
The Israeli Health System
Understanding Bituach Leumi, the National Insurance Institute
Long-Term Care – Cash or Caregiver
Cleaners - Rights and Obligations
Wills and Enduring Power of Attorney

Members NIS 25
Non-members NIS 35

E-News and WhatsApp

Netanya AACI sends out regular e-mail updates with details of programmes, activities and Box Office specials.
To receive our e-mail notifications, send an e-mail to: **info@netanyaaaci.org.il** and ask to add your address to our lists.

To be placed in our WhatsApp group for important communications, send an email with "WhatsApp" as the subject heading to **info@netanyaaaci.org.il** and include your full name and WhatsApp phone number.

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November & December Highlights

Italia Mia!

Multimedia Music Lecture by **Harvey Bordowitz**
19:30 Sunday 8 November



From the ancient Roman Empire to modern times, Italy has woven its magic spell over the world – in history, architecture, art and, of course, music, both sacred and secular. We will explore Italy's immortal musical heritage, from Monteverdi to Verdi, from Rossini to Puccini (and, yes, even Salieri also). Neapolitan songs, too, will have their place in the sun. O sole mio!

Harvey Bordowitz has been esteemed as one of this country's most innovative and creative conductors and music directors and has guest-conducted orchestras throughout the world.

For over 40 years he has lectured in both Hebrew and English on a vast range of musical topics with humour, erudition and a deep love of music. Harvey's music lectures are very popular with Netanya AACI members.

Members pre-paid NIS 50
Members at door and non-members NIS 70

Behind the Scenes of the Israeli Corridors of Power and the Effort to Improve Israel's International Image

Presented by **Gil Hoffman**
19:30 Monday 9 November



Gil Hoffman will provide analysis from the campaign trail and look ahead at efforts to form a new government. He will also launch his new book, The Blood Libel Machine, which exposes the global anti-Israel hate network and teaches Israel supporters how to fight back. The book has been endorsed by Natan Sharansky, Michael Oren, Nachman Shai, Gil Troy and Noa Tishby.

Gil Hoffman is a veteran Israeli-American journalist who teaches political strategy and international communications at Israel's College of Management, is the Election Analyst on i24news, and the author of the new book The Blood Libel Machine. He revitalised the media watchdog "HonestReporting" as its executive director and covered 10 elections in his 24 years as the chief political correspondent and analyst for The Jerusalem Post, where he remains a regular columnist.

Raised in Chicago in a family from Netanya, Gil served in the IDF Spokesman's Unit and graduated Magna Cum Laude from Northwestern University's School of Journalism. The Algemeiner website recently named him one of the top 100 people positively influencing Jewish life, alongside world and Jewish leaders. He's lectured in all major English-speaking countries in the world, more than half the Canadian provinces, and made history in Hawaii by becoming the first Israeli speaker to have lectured in all 50 states. He lives with his family in Jerusalem.

Members pre-paid NIS 40
Members at door and non-members NIS 60

November & December Highlights

Bargain Bazaar

08:30 – 13:30 Monday 23 November



We are once again collecting for our next bazaar. Please think of us and donate items that you no longer want.

We appreciate receiving new (or almost new) goods.

We especially welcome:
Costume jewellery, new cosmetics, kitchenware, handbags and purses, hats, complete games, toys in very good condition, decorative items for the home.

Please do not bring electrical appliances, glassware, crockery, sets of dishes, clothing, pictures or artwork.
No books please. Newer paperback books can be donated to the Gura Family Library.

All items should be easily portable. Others may consider your clutter as their treasures.
We thank you for your continued generous support.

We need drivers to transport goods from people's homes to our Netanya AACI office. If you are able to help out, please leave a note for Yael with your details at our front desk 09-8330950.

The Secret Lives of Words

Presented by **Dr. Avraham Roos**
19:30 Tuesday 24 November



Have you ever wondered why October is the tenth month when its name means "eight," how a sandwich got its name, or what a jeep, a tulip, and a slogan have in common? The Secret Lives of Words takes you on an entertaining journey through the surprising origins of English vocabulary. Discover how words are borrowed from other languages, created from names and places, shortened, blended, re-shaped, and sometimes completely transformed in meaning. Behind many ordinary words lie extraordinary stories—and after this lecture, you may never look at the English language in quite the same way again.

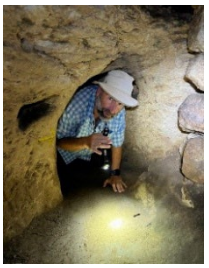
Dr. Avraham Roos is an experienced educator, linguist and public speaker who has lectured widely to English-speaking adult audiences throughout Israel on subjects ranging from Jewish history and culture to language, art and general history. Born in the Netherlands, he made Aliyah in 1991 and has since built a long career in education, including teaching in the English Departments of several teacher-training colleges, where he has trained future English teachers in language and methodology. Dr. Roos holds an MA from the University of Liverpool and a PhD from the University of Amsterdam, where his research focused on the history and development of English translations of the Passover Haggadah. His lectures combine scholarly depth with accessible storytelling, personal insight, humour and a strong visual dimension, making complex and sometimes unexpected topics engaging for a broad adult audience.

Members pre-paid NIS 40
Members at door and non-members NIS 60

November & December Highlights

Thanksgiving Event – Give Thanks and Explore Israel

19:30 Thursday 26 November
At Netanya AACI, 28 Shmuel Hanatziv, Netanya





Join us on a journey of gratitude and discovery together with Michael Even-Esh, an Israeli tourist guide.

Michael Even-Esh was born in Kansas and moved to Israel in the late 1970's. Since then, he has been a soldier, a farmer, a cave explorer, a snake extractor and an outdoor educator. He will share some of his stranger-than-life stories about the amazingness of the Land of Israel from his many diverse experiences. (No snakes will be involved.)
Along with Michael's talk, enjoy traditional American thanksgiving desserts.

Members pre-paid NIS 60
Members at door and non-members NIS 75

Yad Sarah – Israel's Largest and Most Important Charity

Presented by **Zvi Swerdlove**
11:00 Sunday 29 November

Ask ten Israelis you know what they know about Yad Sarah. Chances are half of them will smile and tell you how some family member needed a pair of crutches or a wheelchair or a breast pump or maybe even a booster car seat for a newborn baby and was given one in a few minutes without filling out endless forms and going through long, annoying bureaucratic rigmarole to demonstrate their need.

In fact, in most cases, all they had to do was come into the building on Ichilov Street here in Netanya and pay a small deposit which was returned to them when they brought it back. It also rents out hospital beds, oxygen concentrators, cranes for bedridden patients and anything else you may need to keep a family member at home rather than in a hospital or nursing home. A little-known statistic is that 50% of Israeli families have borrowed medical equipment from Yad Sarah at one time or another.

Zvi Swerdlove, a dedicated, long-time volunteer, will be describing the many different services Yad Sarah offers and how it can help you. Born in Boston, he made Aliyah in 1969 and, after five years service in the IDF, he began his professional career working as a translator. For many years, he also ran a second-hand book store in Netanya called the Reader's Corner. You may also have seen him perform in the Netanya AACI Drama Group or, years ago, in the Netanya AACI Music Theater.

Please come and hear Zvi speak! He is particularly interested in answering any questions you might have about Yad Sarah in general or specific medical equipment someone in your family might need.

Members pre-paid NIS 25
Members at door and non-members NIS 35

November & December Highlights

Folk Club

19:30 Sunday 29 November



Direct from the wild mountain region of Netanya, with deep roots in a dozen various musical genres originating thousands of miles from where they live, the Poleg Mountain Boys bring their music to share with audiences all over Israel.

The Poleg Mountain Boys are:
-Seth Moscowitz, guitar and vocals. With a rich background in classic early 60s rock and roll, Seth grounds the "boys" with strong rhythm guitar, solid leads and vocal harmonies that make all the songs pop.
-Roby Simons, violin, harmonica and vocals. With a deep appreciation of Bluegrass and Americana music, Roby provides some great fiddling, soulful harmonica and innovative vocal interpretations to some of the most popular songs of the era.
-Harley Zipori, guitar and vocals. Founder of the Netanya AACI Folk Club and folk music aficionado of the Israeli Anglo music scene for 40 years, Harley mines the wealth of 70s and 80s folk rock and popular music including all time fan favourites with some of the lesser known artistic achievements.

They will be joined by Michael Liebowitz, a native of Israel who spent a considerable amount of time in the United States. He'll be joining in with some Hebrew songs.

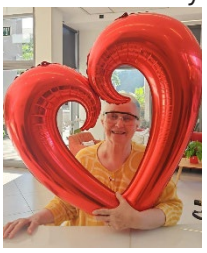
Come join us for a fun filled musical evening at Netanya AACI.

Members pre-paid NIS 25
Members at door and non-members NIS 30

Walking on Eggshells: Loving Our Adult Children Without Losing Ourselves

Presented by **Ganit Chodorov**

19:30 Thursday 3 December



As children become adults and independent of us, we need to learn to adjust to this major change. This lecture will detail the pitfalls and challenges and suggest solutions for handling them so that we can retain good relationships, health and peace as we grow older.
Ganit (Jennia) Chodorov, is a curious, optimistic, caring project innovator.

A former chairperson of Esra, accredited speaker, Business and Career coach, and international marketing consultant who landed from Chicago in '67 to volunteer for the Six Day War, she lives in Netanya now with Dan. She has a tremendous daughter and son, and three amazing grandkids.

Members pre-paid NIS 40
Members at door and non-members NIS 60

Re-Specs
Glasses Frames for the Needy

Please bring in your old spectacle frames to the Netanya AACI front desk and we will deliver them to Re-Specs Frames for the Needy.

November & December Highlights

Living in Israel Series
The Israeli Health System

Presented by our Counselor **Yanina Musnikow**
09:30 Sunday 13 December
Program in person and on Zoom

Learn how to navigate the Health System to receive needed health care. Find out about the Health Funds' different levels of coverage and how to use your supplemental health plans to your advantage. Know when to go to MARAM, ER, or your doctor.

There will be a question-and-answer period after the presentation. Please join us.

Other topics in the Series:
Understanding Bituach Leumi, the National Insurance Institute
Long-Term Care – Cash or Caregiver
Cleaners - Rights and Obligations
Wills and Enduring Power of Attorney

Members NIS 25
Non-members NIS 35

Recharge Your Batteries: Better Sleep For Better Health
Moving Beyond The Headlines To Practical Strategies That Work

Presented by **Batya Katzir MOT**
19:30 Sunday 13 December



Poor sleep has been linked to everything from memory problems and heart disease to falls and reduced quality of life – but what can you actually do about it? This interactive presentation moves beyond the headlines to explore how sleep affects your health and well-being, while focusing on practical evidence-based strategies that can make a real difference in everyday life. Participants will gain a better understanding of common sleep challenges, learn why many popular sleep tips fall short, and discover simple changes they can begin using to improve both their nights and their days. The presentation includes audience participation and concludes with time for questions and discussion.

Batya Katzir, MOT is a registered occupational therapist specialising in sleep health. She has advanced postgraduate training in Cognitive Behavioral Therapy for Insomnia (CBT-I) and evidence-based cognitive-behavioral interventions for sleep disruptions including recurrent nightmares. Through her private practice, Over the Moon Occupational Therapy, Batya helps adults improve their sleep using practical evidence-based strategies that fit into everyday life. Originally from Colorado, she now lives in Jerusalem where she is passionate about helping people restore their relationship with sleep so they can spend their days doing what matters most to them.

Members pre-paid NIS 40
Members at door and non-members NIS 60

November & December Highlights

From Baroque to Bloch – A Violin Journey with Moti Shmitt

19:30 Thursday 17 December



Come and join us for an unforgettable evening of beautiful music performed and composed by renowned, international violinist Moti Shmitt and accompanied by pianist Natasha Rotenberg.

The programme will include, among others: Handel's Sonata No 4 for violin and piano, Beethoven's Romance in F Major, 'Nigun' by Bloch, 'Hebrew Melody' by Achron and Kreisler's 'Liebesleid'. Moti Shmitt will also perform his own composition 'Jerusalem Spirit'. He will take us on an inspiring journey from Baroque to Romantic, including along the way some of the most beautiful Jewish compositions ever written.

Moti Shmitt started his career as a soloist at the tender age of five in his native Lithuania with the Philharmonic Orchestra. He is a graduate of the performance, conducting and composition faculties at the Moscow Tchaikovsky Conservatory and a top prize winner in competitions. Moti is considered one of the most versatile and well-known violinists in Israel, Europe and the USA and continues to tour as a soloist and conductor with many leading orchestras. He himself writes chamber music, as well as music for theatre and orchestra.

Members pre-paid NIS 40
Members at door and non-members NIS 60

Murder, Mystery & the Making of Israel: Inside the Adam Lapid Mysteries

Presented by **Jonathan Dunsky**

19:30 Monday 21 December



Join Jonathan Dunsky, author of the Adam Lapid Mysteries series, for a discussion about writing, early Israeli history, and the business behind writing fiction in the modern world.

The Adam Lapid historical mysteries series is set primarily in the early days of the State of Israel and features private investigator Adam Lapid, a Holocaust survivor and former Nazi hunter. According to the Jewish Book Council, the most recent novel in the series illuminates the backstory of Dunsky's innovative historical mysteries, leading the reader into the world of Adam Lapid. The reader gains insight into how the Holocaust informed Lapid's personality, his relationships, his choice to move to Tel Aviv, and his passion for solving certain kinds of crimes.

Jonathan Dunsky has also written a standalone crime thriller called The Payback Girl, in addition to publishing a number of short stories, in various genres. Born in Tel Aviv, he began writing in his thirties and has published ten novels in the crime fiction genre. He resides in Israel with his two sons.

Members pre-paid NIS 40
Members at door and non-members NIS 60

November & December Highlights

Concert-Hall Superstars! – The Violin and The Piano

Multimedia Music Lecture by **Harvey Bordowitz**

19:30 Sunday 27 December



As concert halls and symphony orchestras grew in size in the Romantic era, two instruments emerged as the undisputed superstars of the concert stage - the violin and the grand piano. Come and hear these brilliant instruments as they sweep all before them!

Harvey Bordowitz has been esteemed as one of this country's most innovative and creative conductors and music directors and has guest-conducted orchestras throughout the world.

For half a century he has lectured in both Hebrew and English on a vast range of musical topics with humour, erudition and a deep love of music. Harvey's music lectures are very popular with Netanya AACI members.

Members pre-paid NIS 50
Members at door and non-members NIS 70

Women - Let's Dance!

19:30 Tuesday 29 December



Tonight we will celebrate our wonderful life in Israel, our blessings, our children, grandchildren and great grand-children, our friendships and camaraderie, and all that is GOOD! We are gonna "get down" and have fun! Music galore - 50s, 60s, 70s, 80s...blues, jazz, rock n' roll, reggae and even Jewish hip – hop. Hit the floor, ladies and let's rock!

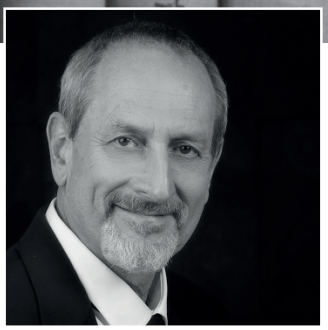
Yoninah will teach line dances, a short hip hop and jazz dances to get you all swinging. We'll raise our hands and swiggle, wiggle and let go. Bring your best self, a big smile and lots of energy and don't forget your "blue suede shoes".

Yoninah has been dancing since childhood. She danced tap, ballet and jazz for 10 years at the Dorothy Mason School of Dance in Portland, Maine. At Hollywood Hills High School in Hollywood, Florida, she was part of the Dance Troupe that travelled in Southern Florida and received a medal for one of the competitions at the time. Israeli folk dancing was also a hobby throughout her university years.

At 50, Yoninah returned to dance Zumba for 10 years at Holmes Place here in Netanya. She then found a partner and danced rock n'roll, swing, and 60s at clubs in Israel. For the last three years she has been dancing salsa here in Netanya at Media Noche every week and she topped it all off by taking a Bayla Fitness Dance course for women only at Wingate Academy just last year. During the year, the course trained her in hip hop, jazz, ballet, Chasidic and salsa. She would like all women to dance to their heart's content, groove to the music, and keep in shape having fun.

Members pre-paid NIS 60
Members at door and non-members NIS 75





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Exhibitions

Fran Hutner

Fran Hutner made Aliyah from Atlanta, Georgia, 19 years ago as a retiree. She did a lot of painting, pastel and drawing as a child and in early adullthood, but somehow life got in the way and she did not return to her early interest until a few years ago. She found her artistic "studio" in Ruth Lenk's class at Netanya AACI. She started by going back to her earlier preference for pastels but has since moved on to watercolours. To Fran, the world is full of colour, especially the natural world, and it is the joy of working with colour that she finds in art.

The Berkowitz Marcus Hall is available for **exhibiting art works and photography.**
If you are interested in exhibiting your artwork in our hall or if you know of someone who would like to show his or her pictures, please contact **info@netanyaaaci.org.il**

Creating Community Together

Dear Friends,
After what has been a very difficult time since the war with Iran began on 28th February, we find ourselves reflecting with deep gratitude on the strength of our community and the generosity of people like you. Because of your support, our mission continues to make a meaningful difference in the lives of those we serve.

Every achievement this year—every programme delivered, every person reached, every challenge overcome—has been possible because our members believe in what we can accomplish together. Your commitment is the foundation of everything we do.

As we look ahead, we know there is still important work to be done. The needs of our

community continue to grow, and with your help, we can respond with compassion, innovation, and hope.

Today, we invite you to make a special gift to support our annual campaign. Every contribution, regardless of size, helps us continue our mission and expand our impact. Your donation is more than financial support—it is an investment in our shared values and a vote of confidence in the future we are building together.

If you are able, please consider making a gift before the end of the year. Your generosity will help ensure that we can continue serving our community with strength and purpose in the months ahead.

Most importantly, thank you for being part of this remarkable community.

Your encouragement, participation, and generosity inspire us every day. We are honoured to have you alongside us as we continue this journey together.

With heartfelt gratitude,
Natalie Green
Campaign Co-Ordinator Netanya AACI

P.S. Every gift makes a difference. If you have already made your contribution, thank you. If not, we hope you will consider making a donation today and help us continue this important work.

Tiyulim

From Sea Turtles to Secret Ships

Tuesday 1 December





Join us for an interesting and educational day combining nature conservation with a fascinating chapter of Israel's history.

Our first stop is the **National Sea Turtle Rescue Centre** near Mikhmoret. We will learn about efforts to protect endangered sea turtles along Israel's Mediterranean coastline. The centre treats injured and sick turtles harmed by fishing equipment, plastic pollution, boat strikes and other human activities. Discover how these remarkable creatures are rescued, rehabilitated and, whenever possible, returned to the sea, as well as the challenges they face and how we can help protect marine life.

We will then continue to Haifa and the **Clandestine Immigration and Naval Museum**, which tells the story of Jewish immigration to Mandatory Palestine during the British Mandate and the development of Israel's naval forces. Through photographs, historical documents, exhibits and restored vessels, we will discover the daring efforts to bring Holocaust survivors and other Jewish refugees to their ancestral homeland despite British restrictions. A highlight is the immigrant ship Af Al Pi Chen, illustrating the hardships and determination of those who undertook these dangerous voyages.

This memorable outing combines environmental awareness, maritime heritage and inspiring stories of courage, sacrifice and perseverance that helped shape the State of Israel.

Members NIS 180 Non-members NIS 210
Depart heading north, first pick-up: Tennis courts 09:10
Return: approx. 15:45

AACI Kosher Tours 2026/2027

AACI's Fascinating Japan
15 November-1 December 2026



Discover Japan, where ancient traditions meet cutting-edge innovation. Explore Honshu's cultural treasures, from serene temples and timeless rituals to dazzling cityscapes and bullet trains. Experience iconic landmarks, breathtaking natural beauty, fascinating history, and authentic Japanese culture in a captivating journey through a land of contrasts.

AACI's Kosher Philippines & Singapore
11-20 January 2027 – Philippines 20-24 January 2027- Singapore Extension

Discover the Philippines, with an optional extension to Singapore, exploring Manila's vibrant energy, El Nido's spectacular lagoons, and Bohol's iconic Chocolate Hills. Beyond breathtaking scenery and rich cultural heritage, uncover the inspiring story of Filipino-Jewish friendship during the Second World War—a moving legacy of courage, compassion, and shared humanity.



For information about AACI Kosher Tours, conditions and registration please contact Carole Kremer at the Jerusalem branch:
02-5661181 ext. 205 travel@aaci.org.il http://aacitravel.com

Netanya News

Laniado Hospital
Laniado Hospital Netanya recently reported using a new VOLT PFA catheter by Abbott which is specifically used for treatment of documented atrial fibrillation when medication is not able to control the problem.

Art Exhibitions
There are currently several art exhibitions being shown around the city. "Back to Routine" is an outdoor exhibition on the Promenade adjacent to Al HaZuk Gallery which (on Hama'apilim) is also exhibiting works of around 24 artists. The Netanya Museum on MacDonald has a permanent historical display as well as temporary exhibitions.

Public Shelters
The city announced on 17 September that it would begin a phase of a remote opening system for public shelters. Initially, 20 shelters that are not in dual use, will have remote opening capability. The system will then expand to additional public shelters throughout the city. In an emergency, the shelters will be opened remotely so that residents do not have to wait for someone to arrive with the key. At the moment there are 77 public shelters around the city.

New Interchange
The new Havazelet Interchange has opened, creating a new connection from the north of the city to Highway 2. This is one of the more significant recent infrastructure developments for Netanya.

New Hotel Complex
The hotel complex on Poleg Beach is under construction. A new proposal has now surfaced to add about 200 residential units to the hotel and commercial developments. This is still a proposal and has not yet been approved as the Ministry of Tourism has reportedly expressed reservations.

Food Trucks
Netanya has been developing a proper Food Truck scene rather than just having occasional trucks at festivals. The Netanya Development Company has issued a tender for food trucks and coffee carts at several locations around the city.

Renewal Programmes
Renewal programmes in Netanya are in full swing. Not all have been authorised as yet but they are in the process. Ramat Herzl – Bar Yochai Street, 525 new apartments are to be built. Ramat Yadin – 88 old apartments are to be knocked down and replaced with around 320 new ones. Kiriat Nordau – 138 old apartments and in their place around 553 new ones. In the city center – Gordon Street 23 old apartments and instead 75 new ones are to be built.

Increased Public Transport Options
The Ministry of Transport is looking into the possibility of promoting an additional railway station in Netanya for the benefit of Kiriyat HaSharon residents, the Football Stadium and East Netanya in general. Also, additional bus stops in various areas of the city are also to be considered.

Police Fines
During the month of September, around 800 fines have been issued by the city police for prohibited use of electric vehicles.

Avoidance Failure
A driver in Netanya who refused to pull over for a routine traffic stop, rammed into a police car. The police officer sustained moderate injuries and the suspect was arrested.

New Neighbourhoods
Netanya is planning four new neighborhoods – Hof HaZahav in the North, Tzamarot in the East, The Park Neighbourhood in Central Netanya and Shirat Hayamim in the South.

Translated and collated from the Hebrew press by Yael Rahum

Netanya Community Events

Ongoing Programmes

Sun. 14:00
YINN Table Tennis
39 Shlomo Hamelech
David 052-3923080

Sun. 17:00 & Thurs. 11:00
Herzliya Cultural Group Lecture Series
Maurice 054-4461242

Sun. Beginners 19:00
Intermediate/Advanced 20:00
Bet Israel Israeli dancing for women (Hebrew)
with Reli Abman
09-8624345

Mon.-Thurs. 08:10
YINN Daf Yomi with Rabbi Rosenbloom
39 Shlomo Hamelech
058-7701193

Mon. 12:00
She'arim Noon Time Concert
11 Kikar Haatzmaut (1st floor)
Gene 054-9205549

Mon. & Weds. 19:00
McDonald International Shul
Parsha/Halacha with Rabbi Baruch Taub
David 054-6636937

Tues. 08:30
Bet Israel Israeli dancing for Women (English)
with Arlene Porat
052-8357505

Tues. Weds. & Thurs. 09:30-12:00
Henry Koor Judaica Library
General & Judaica collection of books & multimedia. Public invited.
McDonald International Shul, 7 McDonald
09-8840458

Tues. 10:00
McDonald International Shul
Weekly study on Zoom with Rabbi Katz
09-8614591

Tues. 11:00
YINN Ivrit Parsha on Zoom with David Feiler
054-6636937

Tues. 14:00
McDonald International Shul Table Tennis
Social Hall, 7 McDonald
Nobby 050-9200049

Tues. 15:30
Bet Israel Advanced Hebrew class on Zoom with Hadassa Birnbaum
052-3653522

Tues. 17:00
Bet Israel Reading Jewish Sources in Hebrew with Reli Abman
09-8624345

Weds. 10:00
Bet Israel Tanach Lesson in English on Zoom with Michael Garmise
mikegarmise@gmail.com

Thurs. 09:30
YINN Parsha Shiur with Rabbi Boudilovsky
054-5259490

Thurs. 11:30
Kehilat Natan-Ya First Seminar on Pirkei Avot in Hebrew with Rabbi Dr. Edgar Nof & Prof. Jesse Lachter
Fran 052-6097990, Rabbi Nof 052-6538655

November Special Events

Weds. 11, 12:00
Willing Hands: Fashion Show & Brunch
King Solomon Hotel, 18 Hama'apilim

Mon. 23, 19:00
AWIS: Draw function

December Special Events

Tues. 1, 18:00
Emunah: Casino evening
Bet Sabah Elazraki, 7 Rabbi Tarfon

Mon. 7, 19:15
HCG: Annual Chanukah Charity Concert
Weil Center, HaNote'a St 4, Kfar Shmaryahu

Thurs. 31, 19:30
HOB: End of Year Party
Bet Israel Social Hall, 19 Yehuda HaNasi

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  **08:30-12:00 Book Sale** 14:00 Pilates	**2** 10:45 Zumba Gold 11:00 Chess	**3** 09:30 Zumba Gold 11:00 Bridge	**4** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop 	**5** 08:30 Exercises for Women 10:00 Yoga/Qigong	**6**	**7**
8 09:30 **Living in Israel: Senior Discounts & Benefits** 12:30 **Writers' Aerobics** 14:00 Pilates 19:30 **Italia Mia!** 	**9** 10:45 Zumba Gold 11:00 Chess 19:30 **Behind the Scenes of the Israeli Corridors of Power & the Effort to Improve Israel's Int'l Image** 	**10** 09:30 Zumba Gold 11:00 Bridge	**11** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop	**12** 08:30 Exercises for Women 10:00 Yoga/Qigong 	**13**	**14**
15 14:00 Pilates	**16** 10:45 Zumba Gold 11:00 Chess 16:00 **Poetry Please**	**17** 09:30 Zumba Gold 11:00 Bridge	**18** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop	**19** 08:30 Exercises for Women 10:00 Yoga/Qigong	**20**	**21**
22	**23** **08:30-13:30 Bargain Bazaar** 11:00 Chess 	**24** 09:30 Zumba Gold 11:00 Bridge 16:00 **Book Club** 19:30 **The Secret Lives of Words** 	**25** 14:00 Pilates 18:00 Theater & Drama Workshop	**26** 08:30 Exercises for Women 10:00 Yoga/Qigong 19:30 **Thanksgiving Event** 	**27**	**28**
29 11:00 **Yad Sarah – Israel's Largest and Most Important Charity** 14:00 Pilates 19:30 **Folk Club**	**30** 10:45 Zumba Gold 11:00 Chess		For up-to-date information please see our weekly eNews, website or call 09-8330950			

December 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  **TIYUL:** **From Sea Turtles to Secret Ships** 09:30 Zumba Gold 11:00 Bridge	**2** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop	**3** 08:30 Exercises for Women 10:00 Yoga/Qigong 19:30 **Walking on Eggshells: Loving Our Adult Children Without Losing Ourselves** 	**4**	**5**
6 14:00 Pilates 	**7** 10:45 Zumba Gold 11:00 Chess	**8** 09:30 Zumba Gold 11:00 Bridge 	**9** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop	**10** 08:30 Exercises for Women 10:00 Yoga/Chi Kung	**11**	**12**
13 09:30 **The Israeli Health System** 12:30 Writers' Aerobics 14:00 Pilates 19:30 **Recharge Your Batteries: Better Sleep for Better Health** 	**14** 10:45 Zumba Gold 11:00 Chess	**15** 09:30 Zumba Gold 11:00 Bridge	**16** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop	**17** 08:30 Exercises for Women 10:00 Yoga/Qigong 19:30 **From Baroque to Bloch– A Violin Journey With Moti Shmitt** 	**18**	**19**
20 14:00 Pilates	**21** 10:45 Zumba Gold 11:00 Chess 16:00 **Poetry Please** 19:30 **Murder, Mystery & the Making of Israel: Inside the Adam Lapid Mysteries** 	**22** 09:30 Zumba Gold 11:00 Bridge 16:00 **Book Club**	**23** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop	**24** 08:30 Exercises for Women 10:00 Yoga/Chi Kung	**25**	**26**
27 **COLLATION** 14:00 Pilates 19:30 **Concert-Hall Superstars! The Violin & The Piano**	**28** 10:45 Zumba Gold 11:00 Chess	**29** 09:30 Zumba Gold 11:00 Bridge 19:30 **Women– Let's Dance!** 	**30** 09:30 Art Class 14:00 Pilates 18:00 Theater & Drama Workshop	**31** 08:30 Exercises for Women 10:00 Yoga/Chi Kung		

Condolences, Mazal Tovs & More

Netanya AACI offers its condolences to:

Michael Ordman on the passing of his dear wife **Lynette**

May her memory be for a blessing

Mazal Tov, Mazal Tov:

Grandchildren:

Joanna & Bernard Benarroch – Granddaughter
Deborah & Michael Schuman – Granddaughter

Great-Grandchildren:

Gillian Berman – Great-Granddaughter
Bella Fielding – Great-Granddaughter
Minnie Goldman – Great-Granddaughter
Ruth & David Marriott - Great-Granddaughter
Yael & Eli Rahum – Great-Granddaughter
Lynda Struel – Great-Granddaughter
Sandra Sundy – Great-Granddaughter

Marriages:

Bella Fielding – Granddaughter
Anna Rosenfelder – Two Grandsons

Birthdays:

Every birthday is special but 80, 85, 90, 95 and over are extra special birthdays:

November:
Joseph Berger
Elizabeth Cohen
Marie-Therese Feuerstein
Michael Kaimowitz
Federica Reiss
Luisa Sanchez Perraga
Judith Weinrach
Aryeh Weinstein

December:
Helen Cassel
Chaim Cohen
Naomi Ellman
Sara Kropveld
Shirley Morgenstern
Harold Schechner
Debbie Schwartz
Rhisa Teman
Carol Witte

Please share your news with us by phoning the office 09-8330950 or send an email to **newsletter@netanyaaaci.org.il**

Register for Programmes on Netanya AACI Website

It is now possible to register for almost all of our programmes on Our website. Just add the number of tickets required and click on "**Get Tickets**". Follow the ensuing online prompts and enter your secure payment details before placing your order. This automatically generates an email to our box office who will then register you for the activity of your choice.



Netanya AACI: Here to Help You

All advice sessions are for members only and by appointment only.
To make an appointment please email: info@netanyaaaci.org.il or call: 09-8330950

AACI Counselor Yanina Musnikow

Mondays by appointment only

Yanina is available for phone and in-person consultations by appointment.
If you have a short question, please send an email to ymusnikow@aaci.org.il
Yanina Musnikow MSW, has had over 20 years' experience working with olim and is up-to-date on the intricacies of the various rules and regulations.

She provides information on topics relating to all aspects of living in Israel. These include Bituach Leumi, customs and shipping, oleh rights, senior citizens' services, social security, ulpanim, volunteering and widowhood.

Yanina is also fully informed in the area of bereavement guidance and is available to our members for help on practical issues at a time of loss.

Understanding Your Laboratory Test Results

09:00-10:00 Sundays by appointment only

Individual consultations with **Dr. Shaya Suffin**. Bring your laboratory test results and find the answers to testing related questions.
Consultations are not for the purpose of medical advice or treatment suggestions –but for a greater understanding of your laboratory testing.

Translations

10:30-12:00 Tuesdays by appointment only

Ruby Stepansky is available to translate and explain various documents and help fill out online forms in Hebrew. Ruby will not give any legal advice; he will just help you to understand the document.

Home Visits

Netanya AACI provides a valuabe service to new olim and to all English speakers with a full range of programmes, cultural and social activities.

Not all our members are able to enjoy our programmes; some are housebound and often lonely. Our outreach programme arranges visits to our housebound members. Some housebound members have full-time helpers, but still appreciate the company of a friendly English-speaking visitor. Even those temporarily housebound or in recuperative facilities often welcome a friendly face.

If you are staying home and would like a visitor or a a friendly call, please get in touch with us.

To join our team of outreach volunteers or to arrange a visit, please leave a message at our front desk for our outreach coordinator Yael Rahum 09-8330950.

Mobile Book Service

For members who cannot manage the access to our building, we have a mobile book service. Instead of coming to the library, the library comes to you once a month.
To sign up for this service, please call 09-8330950.

Future Events

Living in Israel Series
Understanding Bituach Leumi, the National Insurance Institute

Presented by our Counselor **Yanina Musnikow**
09:30 Sunday 10 January 2027
Program in person and on Zoom

Understanding Bituach Leumi for the new Oleh, Returning Resident and Seniors. The presentation will focus on Residency Status for Health Coverage, Old Age Pension, and Special Old Age Benefit and will include Employment and Disability. (A separate presentation will cover Long-term Allowance).

המוסד לביטוח לאומי

There will be a question-and-answer period after the presentation. Please join us.

Members NIS 25
Non-Members NIS 35

From Netanya – For Netanya: A New Chapter at City Hall

Presented by **Avi Slama**
19:30 Monday 11 January 2027



Please join us for an open, wide-ranging conversation with Netanya's new mayor, Avi Slama. Mayor Slama will share his vision for Netanya, his priorities for the city, and how he plans to turn that vision into reality.

Mayor Slama is first and foremost, a Netanyati — born and educated here, and now raising his own family in Netanya. He served in the IDF Intelligence Corps., and, before entering public life, built a successful career in banking and finance. Whilst finance was his profession, Netanya increasingly became his calling and in 2018, he was elected to the Netanya City Council. Over time, he developed his own vision for the city's future and on January 20, 2026, Avi was elected Mayor with approximately 68 percent of the vote — giving him a very clear mandate to lead the city into its next chapter.

Avi hit the ground running. In just a few short months, his administration has already begun to have a significant impact. The Mayor has placed considerable emphasis on the everyday relationship between residents and the municipality. He has spoken about changing the culture of City Hall so that residents are viewed not simply as taxpayers, but as people whom the municipality exists to serve. At the same time, revitalising central Netanya — including Independence Square — has become an important objective, along with improving the infrastructure and public spaces that shape the daily life of the city.

Much of his first year in office has unfolded against the extraordinary security challenges facing Israel. The Mayor and his administration have guided Netanya through periods of emergency — coordinating with the Home Front Command, police and emergency services; opening shelters; managing the school system and ensuring that residents receive the information and assistance they need. Mayor Slama has said that, ultimately, he wants his administration to be judged in three areas: municipal service, education and infrastructure. Following his remarks, there will be an opportunity for questions from the audience.

No charge

Behind the Scenes of the Israeli Corridors of Power and the Effort to Improve Israel's International Image

Presented by **Dr. Mordechai Kedar**

19:30 Monday 18 January 2027



Dr. Mordechai Kedar is an Israeli scholar of Arab and Islamic culture and a researcher at Bar-Ilan University. He served for 25 years (1970–1995) in IDF Military Intelligence, reaching the rank of Lieutenant Colonel. As an academician, he specialised in Islam, Islamic groups, the political discourse of Arab countries, the Arabic press and mass media, and the Syrian domestic arena. He is fluent in Hebrew, Arabic, and English. He is described as "one of the few Arabic-speaking Israeli pundits seen on Arabic satellite channels defending Israel."

He will speak on matters in the current news of importance to Israel and a specific topic will be publicized in the next newsletter.

Members pre-paid NIS 50 Members at door and non-members NIS 70

Cafe Netanya Presents: Irelandia Band & The Musical Spirit of Ireland

19:30 Sunday 24 January 2027

At Netanya AACI, 28 Shmuel Hanatziv, Netanya



Join us for an evening filled with the vibrant musical spirit of Ireland. The dynamic Irelandia band brings traditional Irish music to life through a rich, acoustic tapestry. High-energy jigs and reels will get your feet tapping to beautiful folk ballads. Don't miss an authentic, high-spirited and unforgettable evening, with Amichai Shiryon on guitar & vocals; Guy Bar-Even on flute, and Effie Striem on bodhran & percussion.

Members pre-paid NIS 50
Non-members pre-paid NIS 60
Members and non-members at door NIS 70

Chugim

Bridge for Beginners & Intermediates

with **Gillian Ben Natan (Braunold)**

11:00-13:00 Tuesdays



A minimum number of players is required, so please call Gillian, the instructor, to register an interest: 052-7255317.

Instructor: Gillian Ben Natan (Braunold) is a retired physician with certified bridge teaching experience in Israel. She teaches in both English and Hebrew and is experienced in teaching beginners and intermediates and in running tournaments. She assists players to switch from the British Acol to the Israeli system of bidding based on SAYC (the American system).

Beginners cost:
Members NIS 50 per session
Non-members NIS 60 per session

Intermediate cost:
Members NIS 50 per session
Non-members NIS 60 per session

Chugim

Fishing Anyone?
with **Michael Goldberg**



Fishing is an interest that many of our members share. The shores of Netanya are ideal for this pursuit.

Get ready to cast your reel, sit back and enjoy the calming sound of the waves lapping against the shoreline.

To become one of Netanya AACI's fisherman's friends, leave a message for Michael Goldberg at our front desk, 09-8330950

Chess Club
with **Barry Schneider**
11:00 Mondays



The Chess Club is committed to fostering strategic thinking and community engagement. We invite enthusiasts from our members, no matter your skill level, to participate.

Through weekly meetings and friendly lessons, members will hone their tactical prowess while forging meaningful connections.

Members NIS 25 per session
Non-members NIS 35 per session

Art Class
with **Ruth Lenk**
09:30 Wednesdays

Our art teacher, **Ruth Lenk**, has worked for over 30 years in the field of art. She now shares that passion with Netanya AACI members.

Classes are for those without any artistic background, those who want to improve their skills and for experienced artists who just want to have some fun.

Lessons cover the basic elements of art, focusing on line, colour and composition, using a variety of mediums and techniques.

Members NIS 240 or NIS 300 per month
Non-members NIS 480 or NIS 600 per month
(Depending on if it's a 4- or 5-week month)
Payment monthly in advance at Netanya AACI Box Office

Please see our website and emails for updates and changes.
To book your place at our Chugim, please contact our Box Office 09-8330950.

Library Anouncement
The Library is happy to accept donations of recent soft-cover books in good condition. However, we cannot accept hardbacked books, cookbooks or children's books. Please check your shelves and return overdue books.

Chugim: Exercise Classes

Pilates and More
with **Norman Kotler**
14:00 Sundays (standing and sitting exercises only - no mat exercises)
& Wednesdays
Note no session on 22 November
Sessions available on Zoom with prior notice



The sessions are designed to improve your flexibility, strength, balance and posture. Both women and men are welcome. The exercises are fun, no-impact and easy to learn. The source of many of the exercises is the Pilates method, but Norman uses an integrative approach with exercises from various disciplines and utilising accessories such as weights and resistance bands. No experience with Pilates is necessary. Norman has been involved with Pilates and Yoga for many years and is a qualified Pilates mat instructor. You can bring your own mat, or a towel to cover the mats in the Social Hall.

Members NIS 240 for 8 sessions
Non-members NIS 480 for 8 sessions
Payable at the Box Office
Multiple entry ticket to be used at your convenience.

Exercises for Women with Orly Sasson
08:30 Thursdays

Orly invites members to join her osteoporosis-prevention class every Thursday to enjoy exercising to music and a peaceful meditation at the end of each lesson.

Orly's lessons emphasise the importance of positive thinking and relaxation after exercising. Classes are accompanied by soothing music.

Members NIS 50 per session
Non-members NIS 100 per session

Zumba Gold
with **Shlomit Stroh**
10:45 Mondays & 09:30 Tuesdays

Our class is for active older women who are looking for a modified Zumba class that recreates the original moves at a lower intensity.

You will enjoy Shlomit's positive spirit, humour, and the personal attention she gives to each one of her students. You will come out with a smile!

The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination.

Shlomit Stroh, dancer, actor and singer, taught Zumba Gold and song and dance to Latin music all over South America. She spreads the joy at Netanya AACI.

Members NIS 35 per session
Non-members NIS 70 per session

Yoga/Qigong
with **Dr. Lisel Badach**
10:00 Thursdays



Open your channels and free your energy while practicing a harmonious blend of Yoga and Qigong that will bring about the benefits of both in a synergetic effect: spontaneously developing within you the talent of easily combining serenity and alertness, and creating a more meaningful life.

Dr. Lisel Badach Physician MD, has practiced privately and in hospitals in Paris, UMDNJ USA, and Haifa. She acquired certifications and licences in many kinds of alternative medicines approaches including meditation, massage, shiatsu, healing of the soul, psychology, etc.

Members NIS 30 per session
Non-members NIS 60 per session

Words and More

Writers' Aerobics

with **Shashi Ishai**

12:30 Sundays 8 November
and 13 December

Shashi Ishai leads our monthly Writers' Aerobics workshop, a small, intimate group of writers, at all stages of developing writing skills.

All come from different backgrounds, ages and life experiences. In class, from a one sentence "prompt", each writer focuses his/her creative juices and imagination and, as a result, no story is the same. Each has its own unique imprint.

We write within a nurturing, supportive environment of fun-loving people. Sounds daunting? Even if you have never written anything more than a shopping list, Shashi dares you to come and see for yourself. You will not be disappointed!

Members NIS 25
Non-members NIS 35

Poetry Please

with **Susan Olsburgh**

16:00 Mondays 16 November
and 21 December

Programme in person and on Zoom

The monthly Poetry Please activity is now in its 15th year. Selections are largely from English and American poetry, as well as from translated Medieval Hebrew and modern Israeli poetry. Susan introduces a selection of poems on topics such as medicine, sports, music and place names.

Our November theme is **Poems about Vegetables**

Our December theme is **Poems about Monuments**

Please register at the Box Office
Members NIS 25
Non-members NIS 35

Theatre and Drama Workshop

18:00 Wednesdays

The Drama Group has resumed rehearsals. If you ever wanted to be on stage or involved with live theatre, here is your chance. Our delightful group welcomes anyone who wants to join us. Parts are available and stage help is always welcome. All you need are three hours a week!

Want to learn? Our experienced director and production staff are willing and able to take you to an Academy Award (well, maybe in the future). The key is to have fun and learn.

For information, please contact Yael – yrahum6@gmail.com

Battery Recycling

Please bring your old batteries to the Netanya AACI front desk and we will recycle them.

Words and More

Book Talk
Led by Marcy Manas and Liz Morley

16:00 Tuesdays 24 November
and 22 December

Our Book Talk meets once a month. Books are available to borrow from the Gura Family Memorial Library.

Our November choice is **The Berry Pickers** by Amanda Peters.
One family's deepest pain. Another's darkest secret. Who will they be when the truth comes out?
On a hot day in 1960s Maine, six-year old Joe watches his little sister, Ruthie, sitting on her favourite rock at the edge of the blueberry fields, while their family, Mi'kmaq people from Nova Scotia, pick fruit. That afternoon, Ruthie vanishes without a trace. As the last person to see her, Joe will be forever haunted by grief, guilt and the agony of imagining how his life could have been.
In an affluent suburb nearby, Norma is growing up as the only child of unhappy parents. She is smart, precocious and bursting with questions she isn't allowed to ask – questions about her missing baby photos; questions about her dark skin; questions about the strange, vivid dreams of campfires and warm embraces that return night after night. Norma senses there are things her parents aren't telling her, but it will take decades to unravel the secrets they have kept buried since she was a little girl.
The Berry Pickers is an exquisitely moving story of unrelenting hope, unwavering love, and the power of family – even in the face of grief and betrayal.

Our December choice is **Count the Ways** by Joyce Maynard.
New York Times bestselling author Joyce Maynard explores the complexities of family life, from the hopeful beginnings of young marriage to parenthood, divorce and the lasting consequences of tragedy.
Eleanor and Cam meet at a crafts fair in Vermont in the early 1970s. She is an artist and writer; he makes wooden bowls. Within four years, they have three children and a seemingly idyllic life on a New Hampshire farm. For Eleanor, family traditions, cosy evenings and watching her children grow are everything she has ever wanted.
Then a terrible accident, caused by Cam's negligence, shatters their world. Unable to forgive him, Eleanor becomes consumed by bitterness, while Cam finds comfort in a new relationship. As the years pass, the fractured family faces unexpected challenges, painful choices and revelations. One child undergoes a gender transition, while another breaks completely with her mother.
Spanning decades, Maynard's poignant novel follows the five family members as their lives intertwine, separate and occasionally reconnect. With compassion and insight, she examines the enduring effects of the past and the difficult journey towards understanding and forgiveness. This is a moving story of home, parenthood, love, loss and learning when to hold on—and when to let go.

Members NIS 25
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Memorial Service Message

During our Memorial Service, which was held on Tuesday 15 September, Rabbi David Woolf spoke the following beautiful message:

Shortly before the end of the Second World War, the psychiatrist Dr. Viktor Frankl was liberated from Türkheim, a sub-camp of Dachau. For years, almost every ordinary freedom had been taken from him. Even after liberation, he writes that it took time for him to understand that he was actually free.

Then, one day, he walked alone through the countryside. He passed flowering meadows. Birds were rising into the sky and singing. There was no one else around him—only the earth, the open sky and the freedom of space.

Dr. Frankl stopped. He looked around and then he looked up at the sky. And he fell to his knees.

A pasuk from Tehillim came to his mind:
מִן־הַמֵּצַר קָרָאתִי יָ-הּ עָנָנִי בַמֶּרְחָב יָ-הּ
"From a constricted place I called to HaShem; He answered me by showing me a wide-open space."

He could not remember afterward how long he stood there in that meadow, repeating those words. But he later wrote that at that moment, that his new life began.

What moves me about that story is that, at that instance, Dr. Frankl did not respond by offering a philosophical argument. He did not try to explain what had happened to him or why he had survived when so many others had not. He simply became conscious of the fact that he had emerged from confinement into an open field, he emerged from danger into life. And his response was gratitude.

I have of late had the time to think about a bracha that many of us say as a matter of almost rote but don't pay a lot of attention to. It is a bracha called Birkat HaGomel or in Yiddish, Benching Gomel. The Talmud tells us that we recite this blessing after four kinds of experiences. Three of them probably have little relevance to anyone in this room today: crossing a desert, crossing an ocean and—I certainly hope not—being released from prison. The fourth, unfortunately, has a great deal of relevance to many of us: recovering from a serious illness.

In its essence, the bracha is an acknowledgment of the precariousness of life. Of how while everything can seem stable and secure, life as the American expression goes "can turn on a dime". Today, everything is certain; tomorrow not so much. Our lives are upended and changed forever. In fact, while the Talmud restricts reciting this bracha to these four events, our Rabbis have extended it to whenever we experience danger and the precariousness of life presents itself.

It's funny though, that this is not the content of the bracha. This is not where we place our emphasis. The bracha has an unusual structure. After the standard beginning, ברוך אתה ה' אלקנו מלך העולם, we say HaGomel Le'chayvim Tovot. HaGomel means someone who extends kindness for no other reason than his own goodness, to those who are undeserving. And He has extended His goodness to me.

If you think about it, that is what Yizkor is about.

Yizkor asks us to hold two truths at the same time. Life is fragile, and loss is painful. But the pain we feel is also evidence of the goodness we were privileged to receive. We grieve

because we were given someone worth grieving for. We remember because a life touched ours and left us different.

Birkat HaGomel does not deny the danger through which a person has passed. It does not pretend that life is predictable or secure. Instead, it teaches us what to do when we become aware of life's fragility: we pause, we acknowledge the goodness that has been granted to us, and we give thanks.

That, perhaps, is also one of the purposes of Yizkor. Despite the vagaries of life and the precariousness of our day-to-day existence, we are grateful for the kindness and joy we have been privileged to receive.

Today, we remember that goodness through the people we loved: our spouses and partners, our parents and grandparents, our children, our relatives and our friends. And here at Netanya AACI, we also remember the colleagues, leaders, volunteers and friends who gave their time and their hearts to building and sustaining this wonderful organisation.

We would, of course, have wished for more time with them. Gratitude does not make their absence less painful. But even as we mourn the time we were denied, we give thanks for the years we were given—for the conversations, the laughter, the work accomplished together, the kindnesses offered and the memories that continue to accompany us.

In that sense, remembrance itself becomes a kind of blessing. We acknowledge that these people were part of our lives, that we are different because of them, and that what they gave us remains with us.

Their lives, their love and their contribution to this community were gifts. Of course, we wish we had been given more time. But today, even in our sadness, we are grateful for the time we did have.

Poppies



In response to a request from the British Embassy, Netanya AACI is a distribution point to purchase a poppy in honor of British Remembrance Sunday (8 November). The red poppy is a symbol of both Remembrance and hope for a peaceful future. The poppies are worn as a show of support for the Armed Forces community reflecting individual experiences and personal memories. The inspiration and history behind the poppy becoming a symbol of Remembrance is from the Western Front during WW1 where much of the fighting took place in Western Europe. The countryside was blasted, bombed and fought over repeatedly. Previously beautiful landscapes turned to mud – bleak and barren scenes where little or nothing could grow. There was a notable and striking exception to the bleakness – the bright red Flanders poppies. These resilient flowers flourished in the middle of so much chaos and destruction, growing in the thousands upon thousands.

The British Embassy has provided a tray of Poppies to Netanya AACI with a collection box. All
money collected goes to the Royal British Legion (RBL). This is a service to our British members and anyone else interested, who in the past have commented they would like to purchase a poppy.

Poppies are available at Netanya AACI front desk during working hours 08:30 – 12:30 Sunday – Thursday

Recommended minimum donation NIS 20

Volunteer Awards 2026

The Bill Bernstein Annual Volunteer Event & Rosh Hashana L'Chaim held on Tuesday 8 September



Ivor Carr receiving award from **Natalie Green**



Diane Jesurun receiving award from Chairman **Hilton Share**



Vivienne Zargary receiving award from **Norman Kotler**

Counselor's Corner

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Travel Update

The period during which Israelis may exit and enter Israel with their valid foreign passport, has been further extended by the Population and Immigration Authority until 31.12.2026. Israeli citizens who travel abroad using a foreign passport will be requested, when checking in for their flight back to Israel with that foreign passport, to present their Israeli passport (even if expired) or, alternatively, an ETA approval.

Free One-Hour Parking at Ben Gurion Airport

A designated car park is operating free of charge for the first hour, for drivers arriving to pick up passengers from Ben Gurion Airport. The Airport Authority reminds you that stopping or waiting on the side of the road in the Ben Gurion Airport area is prohibited and endangers traffic. Drivers who violate the guidelines are expected to be fined 500 NIS. The new parking lot is located just minutes from the terminal and can be navigated to using Waze by searching: "Hourly Waiting Parking - Ben Gurion Airport".

If you have any questions, please contact Yanina, our Counselor – **ymusnikow@aaci.org.il**

Volunteer with Tuv Lev food parcels



Every Tuesday morning from 09:00 to about noon, walk-in volunteers pack up surplus fruit and vegetables, along with donated non-perishable food for needy Netanya families through the Tuv Lev central tzedaka organisation.

The warehouse is located at 12 HaRechev Street in the Old Industrial Zone. Here you will meet volunteers from all segments of the population who come together to help.

If you would like to meet me there, you can send me a WhatsApp message (**052-8496116**) or my friend Patricia Relf, who introduced me to the place (**052-8446531**). Several other English speakers often go too.

Judy Shafarman

Volunteer with Sar-El



Sar-El supporters come from within Israel and from around the world to contribute to the security of the State of Israel. It is the only volunteer programme where volunteers are on IDF bases and work side by side with soldiers. The work includes sorting of uniforms and military accessories, painting, preparation of food, simple repairs of military tools, sorting medical supplies etc.

Volunteers can spend a week in military uniform, working among the soldiers, sleeping in the base and raising the flag. Meals are provided.
For those who prefer to go daily, there is a bus that leaves from the Kikar at about 07:30 and returns in the afternoon.

Volunteers need to be in good physical shape and enjoy working in a team. This is our way of saying "thank you" to our amazing Israeli soldiers.

For further information and to register, please contact Liz Morley on **054-9758837** or **liz.morley@gmail.com**

Volunteer with Shabbat Metuka



Shabbat Metuka, a non-profit project that provides holocaust survivors with a care package every week, is DESPERATE FOR VOLUNTEERS IN NETANYA!

Volunteers pick up the packages at the Ramat Yadin Community Centre Dora (35 Nahum Street, Netanya) on Thursdays between 16:15-18:30, at which time they receive an SMS with a link to their list of survivors eagerly awaiting their visit.

For more info and to sign up to volunteer, contact Gali on **054-7093606** or visit **https://hagai.leket.org/shabatm/assign-families**

Volunteer with Leket

Food packing at the Logistic Centre or Agricultural work in the fields. Self-Drive. There is also a packing station in Netanya at the Dora Community Centre, every Thursday 12:00-16:00. For further information please contact Omri on **055-4442838**.

Leket Israel
The National Food Bank

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Lecture Series – Thursdays at 11:00 on Zoom

5 November – Analysing the Results and Impact of the Israeli Election with Dan Perry, journalist & former Middle East editor of the Associated Press.

12 November – How Israel Became a Global Television Powerhouse with Hannah Brown, senior journalist & feature writer.

19 November – The Drone Revolution: Military and civilan capabilities merge into one with Yaakov Lappin, military affairs correspondent & analyst.

26 November – Power Corupts-the tragic end to the Chanukah story with Jonathan Lieberman, Rabbi & physician.

3 December– The Death Penalty in Israel with Daniel Goldman, philanthropist & social activist.

10 December – TBA with Gil Troy, historian & author.

17 December – The Middle-East Chessboard: Players, Partnerships and Perils with Jonathan Spyer, journalist, analyst & researcher.

24 December – Israel's Position in the World with Colette Avital, former Diplomat, Member of Knesset & Civil Servant.

Sunday at 5: Alternate Sundays 8 November-20 December at 17:00 on Zoom

8 November – An American Insider's View of the US/Israel Relationship-how current events affect American and Israeli national security interests with Eric Mandel, founder & Director of MEPIN, the Middle East Political & Information Network.

22 November – Inside the Bleeper Plot with Yonah Jeremy Bob, Jerusalem Post's senior military correspondent, intelligence analyst & author.

6 December – The Fragility and Importance of the Rule of Law with Daniel Greenberg, parliamentary & legislation lawyer, parliamentary commissioner for the UK Parliament.

20 December – The Current Situation-an update with Herb Keinon, Jerusalem Post's senior contributing editor & analyst.

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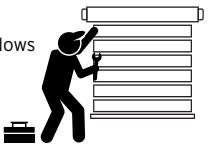
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Netanya **AACI**

The English Speakers Community Center

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Netanya AACI offers membership to all English speakers. We encourage Aliyah and help with absorption through counselling, social and cultural programmes.

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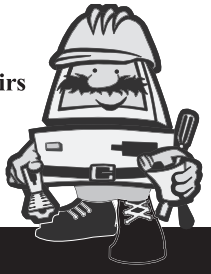
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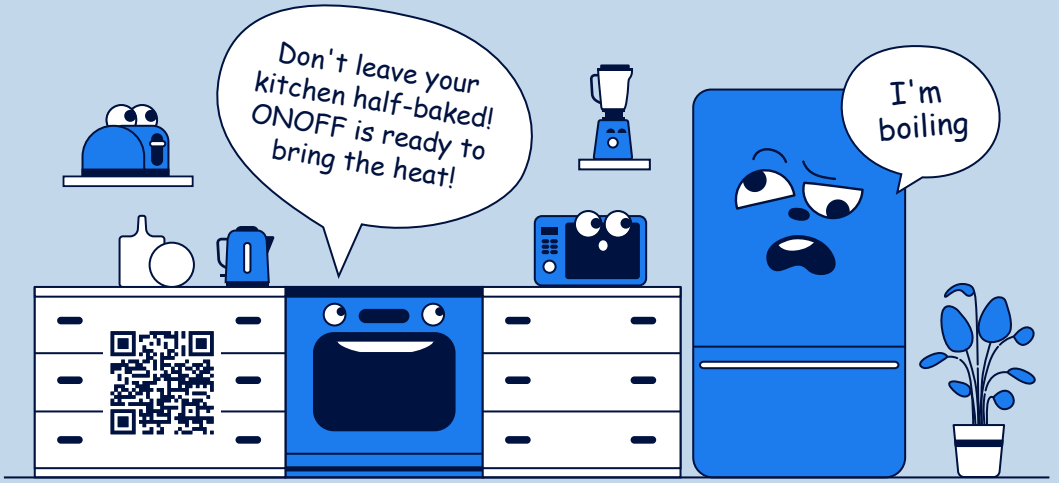
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